



## VOLUNTEER OPPORTUNITY DETAILS

### Name of Organisation

Alzheimer's Society

### Main Contact Details

Alison Chaplin  
Volunteering Officer  
4 Oak Spinney Park  
LE3 3AW

Telephone: 0116 2311 111

Email: [alison.chaplin@alzheimers.org.uk](mailto:alison.chaplin@alzheimers.org.uk)

### What are the main aims/activities of your organisation

Alzheimer's disease is the most common form of dementia that affects over 850,000 people in the UK. In Leicestershire and Rutland there are over 11,000 people with dementia. We exist to support people with Alzheimer's disease and other forms of dementia, their families and carers by providing emotional and social support, providing information and advice and raising awareness of the need for services.

### Volunteer Opportunity Title

Side by Side Volunteer

### Volunteer Opportunity Address

Volunteers will be matched to a person with dementia local to the volunteer

### Contact person for potential volunteers

Contact Name:	Alison Chaplin
Job title/position:	Volunteering Officer
Telephone number:	0116 2311 111 or 0116 231 6922
E-mail address	<a href="mailto:alison.chaplin@alzheimers.org.uk">alison.chaplin@alzheimers.org.uk</a>
Contacting you	E-mail or telephone

## Volunteer Opportunity Role Description

Volunteers to give side by side support to people with dementia. Types of activities are very varied and flexible according to the choices of the person with dementia. Could range from a few hours per week to a few hours per month, depending on the needs of the person with dementia.

### Commitment

**What is the usual minimum level of commitment you would ask of a volunteer**

2 – 3 hours per week/fortnight

Is this negotiable if a volunteer has other commitments? Yes

**What is the minimum length of commitment you usually ask of a volunteer?**

12 months

Is this negotiable? Yes

**Can you take volunteers looking for short-term holiday/work experience placements?** No

### **When can someone volunteer for this role?**

Days/times that the opportunity is usually available (please tick, or give specific start/end times if applicable):

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Morning	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Afternoon	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Evening	Yes	Yes	Yes	Yes	Yes	Yes	Yes

More details: Can volunteer at any time, according to the needs of person with dementia and volunteer

## Skills required

Good Social Skills

Good Communication Skills

Caring Attitude

Training will be provided so that volunteers are confident about carrying out the role.

## Recruitment Method

What is the process for becoming a volunteer? *Tick all that apply and give any details*

Application form	Yes	
Informal discussions/visit	Yes	Usually by telephone
Interview/ formal selection process	Yes	
Disclosure & Barring Form (DBS)	Yes	
Do you undertake your own DBS checks	Yes	
References	Yes	

**Voluntary Action Rutland**, The Volunteer Centre, Lands End Way, Oakham, Rutland LE15 6RB  
Telephone: 01572 722622 Email: [volunteering@varutland.org.uk](mailto:volunteering@varutland.org.uk)

## Age limits

Minimum age	16	Reason:
Maximum age	No Max	Reason:
Would you accept younger volunteers for work placements or award schemes? No		

## Access for volunteers with disabilities

Is this opportunity accessible to	Yes	No	Details
Wheelchair users			This will depend on the needs and circumstances of the person with dementia and the volunteer
Volunteers with limited mobility			
Volunteers with hearing impairments			
Volunteers with sensory impairments			
Volunteers with learning difficulties			

## Does your organisation have an Equal Opportunities Policy? Yes

## Expenses

Which of the following out-of-pocket expenses do you reimburse to volunteers?

Travel costs/mileage	Yes	
Lunch/refreshments		Depends on circumstances
Childcare/adult dependants' care	No	
Other (give details)		
Expenses Not Paid		Why?

## Insurance

Are volunteers covered by your insurance while volunteering? Yes – public liability
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## **Training and Induction**

### **What is the induction process for new volunteers?**

Attendance at induction course, completion of e-learning

### **Do volunteers need to complete a training course before starting?**

Yes - 1 day's training course as and when needed

### **Is any additional training offered to volunteers?**

Yes, regular updates and other opportunities for further training

## **Support and Supervision**

### **What kind of support and supervision do you provide to volunteers?**

Regular 1:1 supervision and social events for volunteers

Who is responsible for providing it? Manager of Side by Side Services